CC14 - Food and Nutrition Policy and Procedure

Purpose

To support the values of .

Scope

All Service Users.

Policy

All Service Users will be assessed for their food preferences and their wishes will be passed to the catering department.

All Service Users will have a nutrition and hydration assessment, the outcome will be recorded and any nutrition and hydration needs will be documented in the Care Plan.

Where there are concerns about nutrition or hydration a referral to the GP will be made.

Procedure

Employees will be trained in nutritional assessment and review.

Service User nutritional assessments will be carried out, and where any special arrangements or needs are identified, a Care Plan prepared.

Where a Service User is unable to eat appropriately for their correct nutritional balance, a referral to the GP will be made.

Specialist advice will be obtained from appropriate professionals such as GP, community nurse and community dietician.

The catering team will be notified of the Service User preferences.

Key Lines of Enquiry Table

<table>
<thead>
<tr>
<th>Key Line of Enquiry</th>
<th>Primary</th>
<th>Supporting</th>
<th>Mandatory</th>
</tr>
</thead>
<tbody>
<tr>
<td>R.E3 - How are people supported to eat and drink enough and maintain a balanced diet?</td>
<td>✔️</td>
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<td>✔️</td>
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<tr>
<td>R.E5 - How are people's individual needs met by the adaptation, design and decoration of the service?</td>
<td>✔️</td>
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Note: All QCS Policies are reviewed annually, more frequently, or as necessary.
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