

## CC14 - Food and Nutrition Policy and Procedure

### Purpose

- To support the values of .

### Scope

- All Service Users.

### Policy

- All Service Users will be assessed for their food preferences and their wishes will be passed to the catering department.
- All services Users will have a nutrition and hydration assessment, the outcome will be recorded and any nutrition and hydration needs will be documented in the Care Plan.
- Where there are concerns about nutrition or hydration a referral to the GP will be made.

### Procedure

- Employees will be trained in nutritional assessment and review.
- Service User nutritional assessments will be carried out, and where any special arrangements or needs are identified, a Care Plan prepared.
- Where a Service User is unable to eat appropriately for their correct nutritional balance, a referral to the GP will be made.
- Specialist advice will be obtained from appropriate professionals such as GP, community nurse and community dietician.
- The catering team will be notified of the Service User preferences.

### Key Lines of Enquiry Table

Key Line of Enquiry	Primary	Supporting	Mandatory
R.E3 - How are people supported to eat and drink enough and maintain a balanced diet?	✓		✓
R.E5 - How are peoples individual needs met by the adaptation, design and decoration of the service?	✓		

**Note: All QCS Policies are reviewed annually, more frequently, or as necessary.**

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