



Health Policy

Revised March 2013

Health Care

Care home name: Wellbeing Residential

Policy Statement

Wellbeing Residential believes in providing high quality health care based upon individual service users' needs as recorded in an individual service user plan for each service user. Each plan will be determined by a full needs assessment and will be drawn up in full partnership between the home and the service user. The home believes that it is important that home staff can identify developing health care problems in service users early so that they can be helped to get prompt and fair access to medical or other health care resources. Wellbeing Residential believes that illness is not an inevitable part of ageing and that older people should not be discriminated against with respect to health care provision and should receive the same high standards of care that can be expected by the rest of the population. The home fully adheres to the new outcomes Essential Standards of Quality and Safety which consists of 28 regulations and its associated outcomes. They are set out by the Health and Social Care Act 2008 for regulated activities in Care Homes for Older People, published in accordance with the Care Standards Act 2000, which relates to the degree to which the health care needs of service users are fully met.

Aim of the Policy

This policy is intended to set out the values, principles and policies underpinning this home's approach to the health care that it offers to its service users. Wellbeing Residential believes that service users have the right to the highest quality physical, emotional and mental health care.

Service User Plans Policy

It is policy at this home that health care provided to service users at the home is flexible, consistent, reliable and responsive to their changing needs and is based upon the development of service user plans. Specific policy points that apply in this home are as follows.

Care staff should maintain the personal and oral hygiene of each service user, either by giving required help and support or by supporting the service users' own capacity for self-care.

Service users will be assessed, by a person trained to do such assessments, to identify those service users who have developed, or are at risk of developing, pressure sores and appropriate interventions will be recorded in individual

plans of care.

The incidence of pressure sores, their treatment and outcome, will be recorded in a service user's individual plan of care and reviewed on a regular basis.

Professional advice relating to the promotion of continence will be sought and acted upon and any aids or equipment needed will be provided.

Service users' psychological health will be monitored regularly and any preventive or restorative care should be provided.

Opportunities will be given to every service user for appropriate exercise and physical activity and this will be advised by a qualified expert wherever possible.

Appropriate interventions will be carried out for service users identified as at risk of falling.

Nutritional screening will be undertaken on admission and subsequently on a periodic basis, a record maintained of nutrition, including weight gain or loss, and appropriate action will be taken.

All service users must be registered with a local GP. All service users who are not already registered with a local GP will be helped to register with a GP of their choice.

All service users should be registered with a dentist. All service users who are not already registered with a local dentist will be helped to register with a dentist of their choice. The home will then support whatever treatment regime is recommended by the dentist. For those service users not able to travel to a dentist then a community dental service is available.

According to need the home will ensure that service users will have access to appropriate:

hearing tests

sight tests

specialist medical, nursing, dental, pharmaceutical, chiropody and other relevant therapeutic services

care from hospitals and community health services.

The home will ensure that service users' entitlements to NHS services are upheld in accordance with guidance and legislation, including the standards in the National Service Framework for Older People and the National Minimum Standards for Care Homes for Older People, published in accordance with the Care Standards Act 2000, by providing information about entitlements and ensuring access to advice and services.

All plans of care will include details of an assessment of service users night-time care needs and appropriate interventions.

All plans of care will be regularly reviewed and discussed with both the resident concerned and with their family or representatives.

In addition, equipment necessary for the promotion of tissue viability and for the prevention or treatment of pressure sores will be provided as follows.

Training

All new staff should be encouraged to read the policy on health care and service user plans as part of their induction process. Existing staff will be offered training covering basic information about basic health care including sessions on care planning and on the recording of notes.

This home expects all its health care staff to be qualified or work towards a minimum of QCF level 2 in Health and Social Care. Support will be given to staff wishing to develop and do an QCF level 3 in Health and Social Care where this is appropriate.

This home supports a system of staff appraisal whereby all staff have an annual performance review. During this review the member of staff will be expected to identify with their reviewer any training requirements and needs they might have.

These will be recorded as a training plan. The home will support and encourage the continuing development of its health care staff through this method so that it can be sure that its staff remain competent, up to date and effective.

Signed: _____

Date: _____

#Policy review date: _____